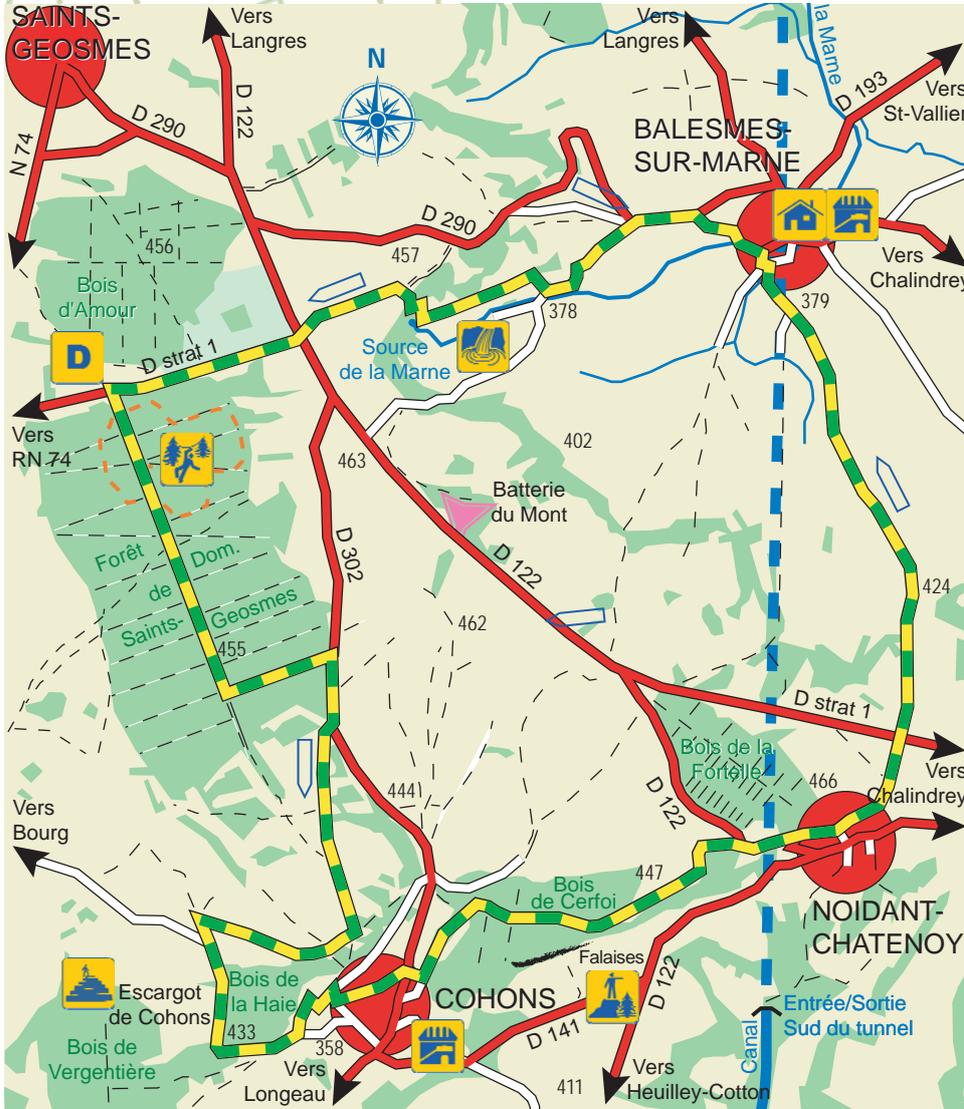


The Source of the Marne

- ▶ Departure from the parking of the health track in Sts-Geosmes
- ▶ Route markers
- ▶ IGN map of Langres area - Nr24



From the parking lot of the fitness trail, go straight forest path through the forest of Saints-Geosmes. Basically, take the last slice on the left and on the edge of the forest, turn right onto the D 302. Forging immediately right onto a farm road that leads you to the heights of the village of Cohons. At the intersection, turn right along the Bois de la Haie. Turn left at the next junction to join the small road from Bourg for you to follow on the left. Arrived in the turn go right for a small contemplative halt the "Snail" Cohons.

Turn back to the road and continue to the village. Pass the Fountain Sainte-Marie, on the side of the church and then begin your descent by turning right and then turn left to take a small grass path that leads you to the castle. Go past the entrance and turn left and then right to cross the Bois de Cerfoi. Coming out of it, you will come over the cliffs Cohons which offer a magnificent view over the south of Langres.

Continue straight, passing the quarry and follow the D 122 to Noidant-Châtenoy. From there, go straight to again take an agricultural road that takes you on the high plateau of Langres. At the junction with the Departmental Strategic No. 1, continue straight until Balesmes-sur-Marne. Cross the village following the direction of Saints-Geosmes to the water tower. There, take the small trail built along the D 290 and at the intersection, turn left the small road that leads to the farm of Marnotte. Go past it and turn right at the next intersection.

Continue on this small road to the end and turn right to reach the source of the Marne near, then Cave Sabinus. From there, take the path on the right of the cave to regain the plateau. Then continue straight on to the D 122 at the intersection indicating the fitness trail. then follow the same direction to reach your starting point.

- Departure of the circuit
- Direction of the circuit
- Self catering cottage
- Source of the Marne
- Interesting site
- Snail
- Point of view
- Treetop



The cliffs of Cohons

The Source of the Marne

► Not to miss !



► The Marne

The source of the Marne is located 419 m above sea level, the circus of Marnotte . Its race continues on nearly 525 kilometers (almost 161 of the department of Haute-Marne) to the English Channel .

If the Langres area and its 4 lakes is also the Pays des Sources , rivers have only low flow rates. This is the case of the Marne, with a modest value reaching the final 28.1 m³ / s in Saint- Dizier (annual average).

Its name comes successively various hydronymiques roots as " Materna ", " Matrona ", " Marten ", which are fairly close to the Gallic word " Matar " which means mother, and give the Marne a religious resonance associated with the idea of a goddess of fertility (from JF . G. Wiedemann and Taverdet) .



► The snail of Cohons

The snail Cohons is part of the shrines of fifteen in similar dry stone found in the south of the Haute-Marne.

the tradition from the "labyrinth-hillocks" oldest, "Snails" are shaped like a truncated cone and support at their periphery successive terraces or, more generally, a spiral path from top to bottom. They appeared at the end of the Revolution and will multiply in the south of the Haute-Marne throughout the nineteenth century in parallel with the fashion of English gardens.

hiking destination on the occasion of country events (religious or secular), the "Snails" are original ornaments vernacular heritage Country

Langres, which reflect the tastes and entertainment landscape in use in the Romantic era. Fun or functional, the "Snails" all have a top forming gazebo, which allowed once offer original views or opportunities to play alignments, difficult to replicate today.

For more information: "An archeological enigma in our Haute-Marne Gardens of Time: snails." Ed.1990. - Alain CATHERINET.



► The fountain Sainte-Marie of Cohons

Dated 1778 , this fountain to the special architecture to it being listed on the Inventory of Historical Monuments since December 24, 1986. Inground into the rock , the curved arch is topped by an altarpiece , enhanced with a cross he has three niches concealing statues of the sixteenth to the nineteenth century including a Madonna and child attributed to the sixteenth century. A trough placed under the arch brings water to the sump rough stone discovered that feeds the wash basin. Washers knelt facing the two copings . Fountain St. Mary whose origin dates back to the seventeenth century had the reputation to spread its virtues as well on the machine on the health of those who attended . A pilgrimage was held there for many years.

► Near : The cliffs of Cohons

Between Cohons and Noidant -Chatenoy is one of the few interesting cliffs of the region by its breadth and height (up to 25 m) . Langres old career, she has many sections in good limestone rock very adherent abrasive see . The cliff is south facing so sunny . At its foot, however, allows the vegetation to get in the shade. It is well protected from the wind and the dry rock exceptionally quickly after rain. All his background in feature an ideal site for the practice of climbing ...