

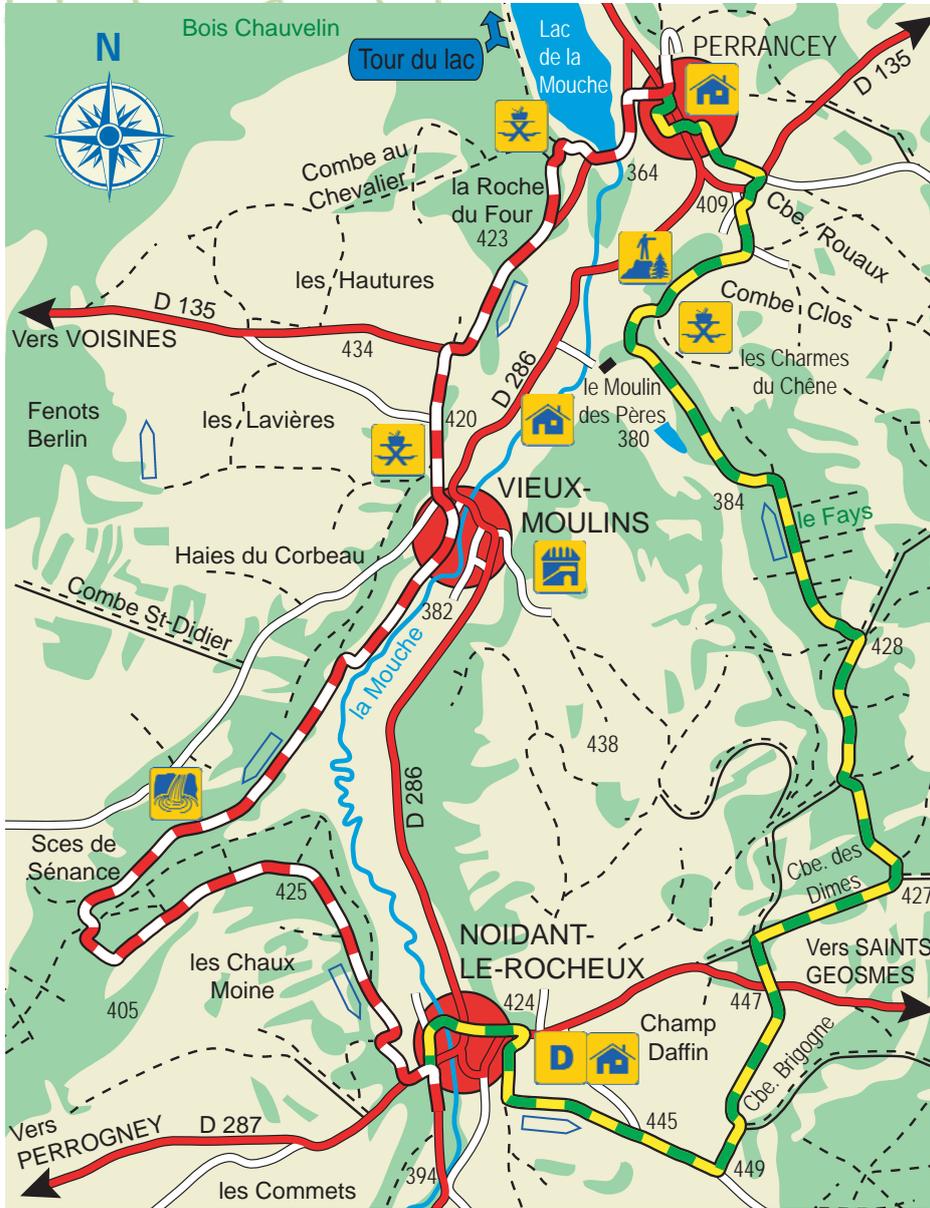
Lake and cliffs of « la Mouche »

▶ Departure from the place of Noidant-le-Rocheux

▶ Route markers  and 

▶ IGN map of Langres area - Nr22

▶ Homologation P.D.I.P.R. - Nr43



From the village's place, take on the right after the church, pass in front of the rural lodging, and, turn on the right to arrive in the water town. There, take on the right a path with grasses before finding an asphalt road that you will follow during 0,15 mile approximately.

Take the first on the left and, at the turning, again on the left. Continue through the fields, cross the D 287 and continue straight on 0,03 mile, before taking on the right. After 0,19 mile,, turn on the left, and on the right, to enter in the « Bois du Fays ».

A descent enough quickly on 0,03 mile will take along downwards of cliffs of the « mouche en sous bois ».

After a turning on the right, you will go up towards the point of view of Montauban (sources) where you can admire the « lac de la Mouche » (picnic area). There, continue towards the left and at the next crossing, towards the right. You arrive in an asphalt road that you have to take on the left in order to join the village of Perrancey-les-Vieux-Moulins. In front of the church, take on the right and turn on the left on the road which go down at the edge of the lac.

Once on the D 135, take on the left in the direction of Voisines. Take the « sentier du tour du lac » until the next crossing. There, take on the right, after 0,03 mile, on the left to cross the « bois de la Roche du Four ». Arrived on the D 135, take on the right. Follow this road until the crossing roads with a write way on the left.

Leave the D 135 to join by a path, a small road which will conduce you at the « Vieux Moulins ». The beaconing is common to the GR7 (red and write). In this village, take on the right to skirt the course of "la Mouche" during 0,62 mile through the fields. There, take on the left to go in the forest and in this way join the sources of Sénance. At the next crossing roads, take on the left and go up in the other side of the Valley. Once at the top, join a way that you have to take on the left and which will conduce you in the heights of Noidant-le-Rocheux.

 Departure of the circuit

 Direction of the circuit

 Self-catering cottage

 Senances's sources

 Interesting site

 Picnic area

 Point of view



Point of view of the lake

Lake and cliffs of « la Mouche »

► Not to miss !

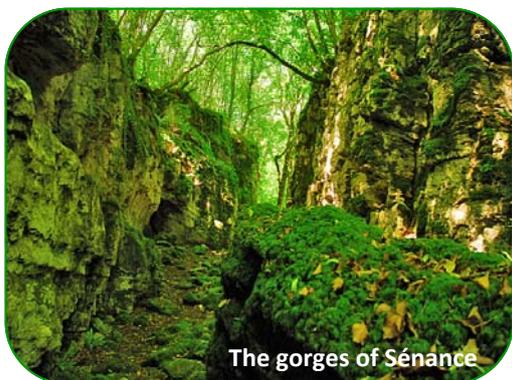


► The lake of « la Mouche »

The lake of Saint-Ciergues is the smallest 4 lakes of the Langres Area. Of a 0,06 mile surface ² and 3,86 miles in length, it is the deepest lake (approximately 0,01 mile).

Realized between 1882 and 1889, it collects waters of the "Mouche" and the "Morgon", which cover a 40,39 mile pond ², for a big storage capacity.

The weak influence of the realized organizations make one of the "wildest" lakes of the Country of Langres reserved for the practice of the fishing and the ride.



The gorges of Sénance

► A typical site of the « plateau de Langres »

The Natural Zone of Floral Ecological Interest and Faunistique of the valley of Sénance includes one of the major natural sites of the tray of Langres. This steep coomb recuts profoundly the tray of Langres; it is lined with stiff cliffs and ends by a series of narrow gorges .

The edge of tray and the slopes present forests of mountain type, neighbours of those of Jura, varied according to the orientation: maple grove , beech grove in dental, beech grove xérophile, oak grove-charmaie of tray etc. A network of sources brooks and swamp occupies the bottom of the valley; meadows observe downstream. Finally, a particular vegetation develops at the level of the walls of hard limestone.



► The source of R.Sénance

The source is situated east of Courcelles-en-Montagne, shielded from a deep forest, cliffs of the bajocien and some shelters under rock.

It is indicated by a wooden poster which also indicates us the presence of a swamp where it is disadvised to venture there.

The clear water, which escapes from a small black hole, winds between stones covered with froth then recovers a part of the path, obliging to walk on its edges to keep dry feet.



► Noidant-le-Rocheux

Its name comes from an illustrious family which counted among its members Jean de Noidant, councillor of Dukes de Bourgogne. As for its qualifier of rocky the Commune justifies it thanks to an uneven surrounding relief consisted of cliffs and numerous steep slopes: Roche-belin, Roche du Duc, Roche Saint Jacques...

On the West of the village is the fountain Saint-Frou: waters which sourdent towards the fall of the Saint were worshipped by the girls of the surroundings because of their curative properties.